

## **Lect. Aylin Öztürk**

### **Personal Information**

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### **International Researcher IDs**

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### **Education Information**

Doctorate, Gazi University, Sağlık Bilimleri Enstitüsü, Antrenman ve Hareket Bilimleri Anabilim Dalı, Turkey 2020 - Continues

Postgraduate, Duzce University, Institute Of Health Sciences, Beden Eğitimi ve Spor, Turkey 2017 - 2019

Undergraduate, Ankara University, Spor Bilimleri Fakültesi, Antrenörlük Eğitimi Bölümü, Turkey 2011 - 2016

### **Dissertations**

Postgraduate, Dövüş sanatlarında uygulanan pliometrik antrenmanın bazı performans parametrelerine etkisinin incelenmesi , Duzce University, Institute Of Health Sciences, Beden Eğitimi ve Spor , 2019

### **Research Areas**

Coaching, Sports Health Sciences

### **Academic Titles / Tasks**

Lecturer, Istanbul Technical University, 2022 - Continues

### **Academic and Administrative Experience**

Deputy Head of Department, Istanbul Technical University, 2023 - Continues

### **Refereed Congress / Symposium Publications in Proceedings**

- I. THE EFFECT OF PLYOMETRIC EXERCISES ON SOME LOWER AND UPPER EXTREMITY STRENGTH, SPEED AND AGILITY PERFORMANCE IN FEMALE TAEKWONDO ATHLETES

Öztürk A., Özbar N.

21.Uluslararası Spor Bilimleri Kongresi, Antalya, Turkey, 11 - 14 November 2023, pp.120-121

- II. EFFECT OF STATIC AND DYNAMIC CORE EXERCISES ON KICKING STRENGTH, KICKING SPEED AND BALANCE IN ADOLESCENT TAEKWONDO ATHLETES

Öztürk A., Cengizel E., Günay M.

21. Uluslararası Spor Bilimleri Kongresi, Antalya, Turkey, 11 - 14 November 2023, pp.268-269

III. **65 YAŞ VE ÜSTÜ BİREYLERİN FİZİKSEL AKTİVİTE DÜZEYLERİNİN YAŞAM KALİTELERİNE ETKİSİNİN İNCELENMESİ**

Öztürk A., Özbar N.

5. ULUSLARARASI SAĞLIK VE SPOR BİLİMLERİ SEMPOZYUMU, İstanbul, Turkey, 25 - 27 October 2018, vol.0, no.2018639, pp.103-120

## **Congress and Symposium Activities**

21. Uluslararası Spor Bilimleri Kongresi, Antalya, Attendee, Antalya, Turkey, 2023

21.Uluslararası Spor Bilimleri Kongresi, Antalya, Attendee, Antalya, Turkey, 2023